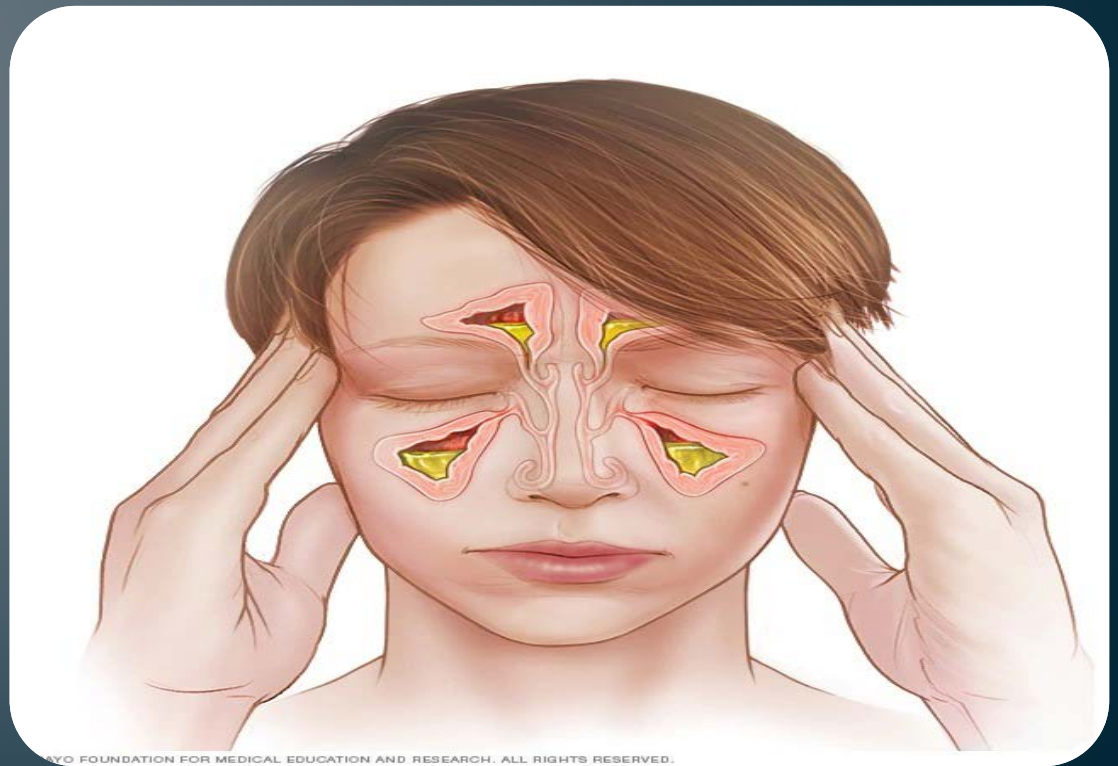




SINUSITIS

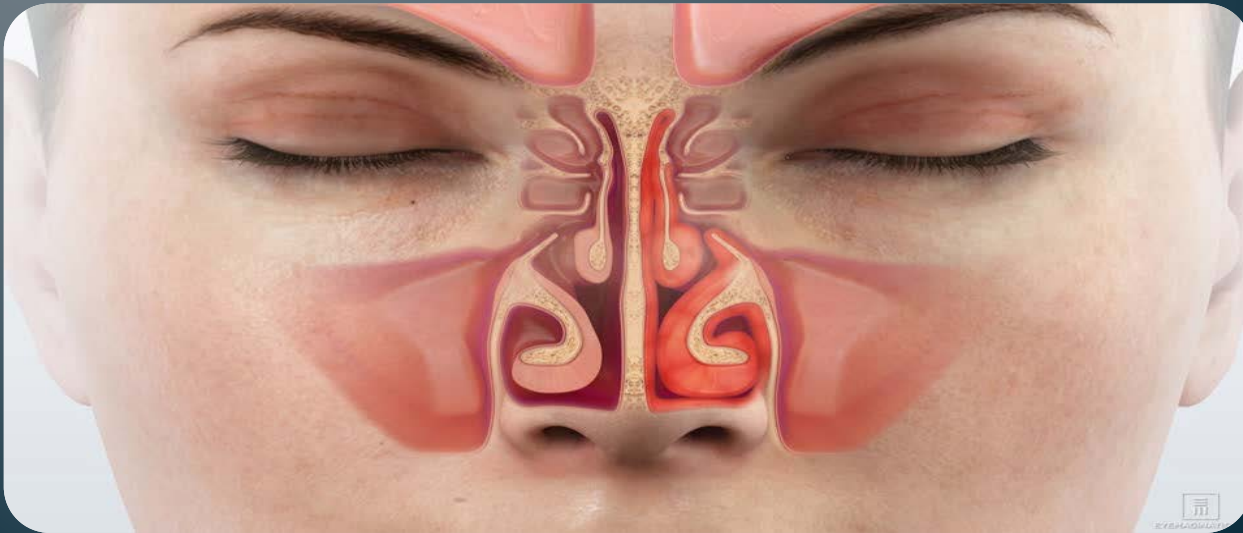
Sinusitis :- swelling of sinuses usually caused by an infection



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inflammation of the mucous membranes that line the sinuses , It is defined as acute sinusitis if it lasts less than 4 weeks, and as chronic sinusitis if it lasts for more than 12 weeks

Sinusitis is a common condition. It affects between about 10 and 30 percent of people each year in the United States and Europe. Women are more often affected than men. Chronic sinusitis affects about 12.5% of people.



**sinusitis is usually caused by a virus
and often persists even after other
upper respiratory symptoms are gone**

The Causes of Sinusitis

Sinusitis, or inflammation of the sinuses, can be caused by any of the following:



Viral⁸
Infections



Bacterial⁸
Infections



Fungal⁸
Infections



Allergic^{3, 8, 9}
Reactions



Medications⁶



Nasal polyps⁸



Dehydration⁶

Symptoms



1- pain , swelling and tenderness around your cheeks, eyes or forehead

2- blocked nose

3- reduced sense of smell

4- green or yellow mucus from your nose

5- sinus headache

6- high temperature

7- toothache

8- bad breath

9- nasal congestion

10- sore throat





A word cloud is displayed within a white rectangular frame with rounded corners. The word 'TREATMENT' is prominently featured in the center, written in large, bold, white capital letters against a thick, horizontal red brushstroke background. Surrounding this central element are various business-related terms in smaller, grey, sans-serif capital letters, including 'DATA', 'RISK', 'SALES', 'ORGANIZATION', 'COMPLEX', 'MANAGEMENT', 'ANALYSIS', 'EVALUATION', 'COST', 'PLAN', 'OPPORTUNITY', and 'INVESTMENT'. The entire graphic is set against a dark grey background with a repeating, light grey floral or damask pattern.

TREATMENT



**Saline nasal
spray**

Saline nasal spray, which you spray into your nose several times a day to rinse your nasal passages.

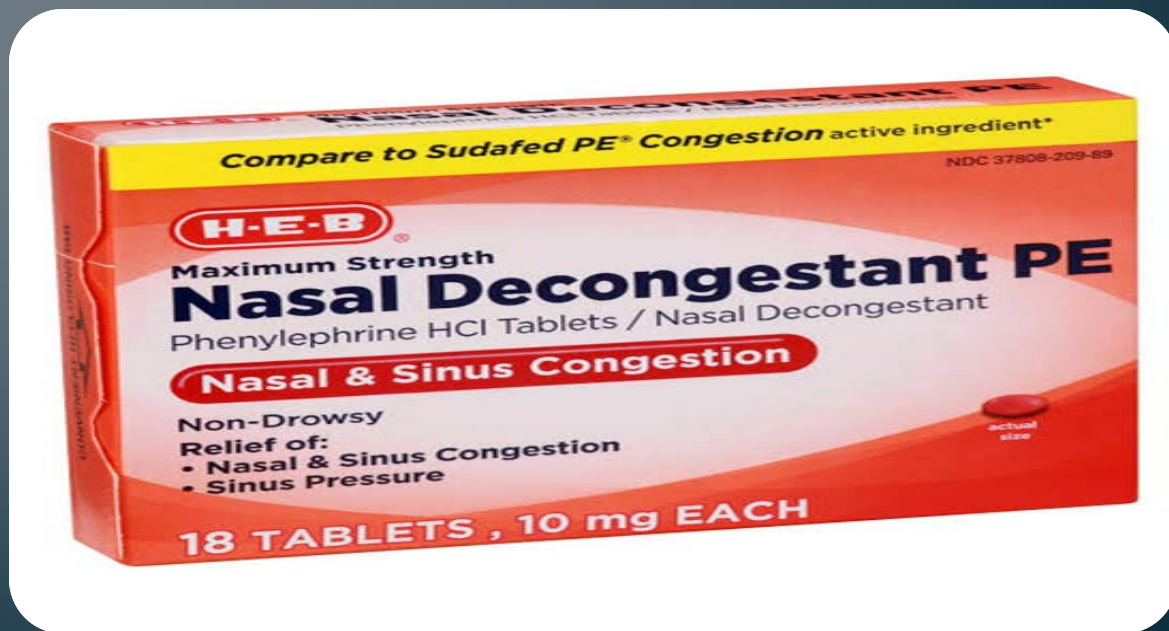
Nasal corticosteroids.

These nasal sprays help prevent and treat inflammation.

Examples include fluticasone



Decongestants : These medications are available in **over-the-counter (OTC)** and prescription liquids , tablets and nasal sprays . Use nasal decongestants





Antibiotic may also be prescribed that should be taken for few days even after sinuses get cleared.

Thank
You

